

Cold Press Juice -6-

Essential Greens: Kale, Spinach, Parsley, Lemon, Apple

Winter Glow: Orange, Mandarin, Carrot, Rockmelon, Turmeric

Deep Purple: Beetroot, Apple, Ginger, Lemon

Sparkling Grape: Pressed Pinot Grapes from Pankhurst Winery

Smoothies -8.5-

Mango, Banana, Orange, Turmeric, Carrot

Raspberries, Blueberries, Banana, Beetroot, Ginger, Apple

Avocado, Banana, Kale, Spinach, Apple, Ginger

Peanut Butter, Banana, Cacao & Nut Milk

Other Refreshments

Coconut Water + Lime - 6.5 –

Organic Apple + Chai Kombucha -8-

Organic OJ + Ginger Kombucha -8-

Organic Ginger Beer -6-

Pebble Creek Sparkling Water

375ml - 4.5 -

700ml - 7.5 -

Winter Warmers

Chai Tea -5-

Chai Latte -4-

Turmeric latte -4-

Matcha Green Tea Latte -4-

Organic Tea

-4.5-

English Breakfast Tea

Earl Grey

White Jasmine

Sencha Green

Peppermint Leaf

Chamomile Flower

Tea Blends:

Rise and Shine: Licorice root, lemon myrtle, ginger & lemongrass

Raspberry Rose Tonic: Raspberry leaf, linden flower & rose petals

Winter Olive: Lemon myrtle, peppermint, elderflower & olive leaf

Citrus Strength: Orange, Elderberry, Rosehip & licorice root

Autumn Apple: Orange pekoe, cinnamon bark, apple and clove



---Treat Your Body Right! ---

Drinking freshly pressed juice & eating real, wholesome, nutritious

food is a smart long-term strategy for good health...

Helping you feel your best, for longer.

--Contact--

admin@localpresscafe.com.au

www.localpresscafe.com.au

P# (02) 6162 1422

Follow Us On:



THANKS FOR VISITING

L.P.C

